



1-Day Course Approved

Working at Heights

Fundamentals of Fall Prevention Program

“Falls are one of the major causes of injury and death in Ontario workplaces.” Most of these injuries and deaths have happened because fall protection was either missing or not used.

As of April 1, 2015, all workers who work at heights are required to successfully complete a Ministry of Labour approved Working at Heights Training Course.

This course will provide workers with the basic knowledge needed to recognize and avoid hazards associated with working at heights and prepare workers to:

- *Explain your rights and responsibilities with regard to working at heights*
- *Work at heights safely and in compliance with regulatory requirements*
- *Select, inspect, and use industry-standard personal fall arrest equipment, including a harness and lanyard*

This Course is designed for workers who use:

- *Travel Restraint Systems*
- *Fall Restricting Systems*
- *Fall Arrest Systems*
- *Safety Nets*
- *Work Belts or Safety Belts*

Ontario Truck Driving School provides training for Working at Heights under the Infrastructure and Safety Association, which has been approved by the Chief Prevention Office.



Participants must complete both the knowledge and hands-on evaluations in order to successfully meet course requirements.

Wallet Card is issued upon successful completion of this course.

Each participant is required to bring the following items: Photo ID, CSA Approved: Hard Hat, Safety Glasses and Safety Boots. Participants who do not have the required ID and PPE will be removed from the class and must reschedule. No refund will be issued.

Course Fee: \$180 + HST Onsite training